

## Body Mass Index (BMI) Table

$$\text{BMI} = 703 * (\text{weight (lb)} / \text{height}^2 (\text{in}^2))$$

### Weight in Pounds

Height in Feet ‘ and inches ‘	120	130	140	150	160	170	180	190	200	210	220	230	240	250	
4’6”	29	31	34	36	39	41	43	46	48	51	53	56	58	60	
4’8”	27	29	31	34	36	38	40	43	45	47	49	52	54	56	
4’10”	25	27	29	31	34	36	38	40	42	44	46	48	50	52	
5’0”	23	25	27	29	31	33	35	37	39	41	43	45	47	49	
5’2”	22	24	26	27	29	31	33	35	37	38	40	42	44	46	
5’4”	21	22	24	26	28	29	31	33	34	36	38	40	41	43	
5’6”	19	21	23	24	26	27	29	31	32	34	36	37	39	40	
5’8”	18	20	21	23	24	26	27	29	30	32	34	35	37	38	
5’10”	17	19	20	22	23	24	26	27	29	30	32	33	35	36	
6’0”	16	18	19	20	22	23	24	26	27	28	30	31	33	34	
6’2”	15	17	18	19	21	22	23	24	26	27	28	30	31	32	
6’4”	15	16	17	18	20	21	22	23	24	26	27	28	29	30	
6’6”	14	15	16	17	19	20	21	22	23	24	25	27	28	29	
6’8”	13	14	15	17	18	19	20	21	22	23	24	25	26	28	
	Underweight			Healthy Weight				Overweight				Obese			